MOVES

Complete Health, Environmental & Safety Services, Inc. 7060 Valley Creek Plaza #115-108

Woodbury, MN 55125 Phone: 651-481-9787 www.chess-safety.com

October 2012

Educational Opportunities!

As we mentioned in our recent newsletter, we have two exciting opportunities coming up:

"Hope and Change" for 2013 Comp Costs Workers' Compensation Symposium

Are you the one who pays for workers' comp insurance? Do you handle the claims? Ever wonder why you pay what you do? Or how you could reduce those costs?

This seminar is for you if:

- you pay for or handle the injury claims in your shop, even if it's just one or two claims a year
- you have had an expensive claim
- you want to be prepared if and when you do have an injured worker

Topics:

Occupational Injury and Disease
John Kipp, MD, Minnesota Occupational Health

Understanding the new experience mod and how to control it: Common overages and mistakes and how to avoid them

Mark Kraemer, Certified Work Comp Advisor

Something Old, Something New, Something Borrowed, Are You Blue? New OSHA standards and old ones frequently cited.

Carol Keyes, Certified Safety Professional, CHESS, Inc.

A day in the life of one of Minnesota's top Worker's Comp Adjusters

Peggy Adermann, Senior Claims Examiner—The Builders Group

The new surgical innovations of the knee Eric Khetia, MD, Summit Orthopedics **When**: November 8, 2012 9:00 am to 3:00 pm

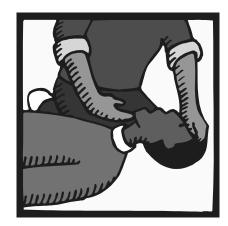
Where: Summit Orthopedics 710 Commerce Dr Woodbury MN 55125

Price: \$91 per person, including lunch

Pre-registration required by calling 651-968-5510 or

email kajohnson@summitortho.com

This should be an interesting symposium, with a lot of useful information. Hope to see you there.



First aid/CPR/AED training

You have only a few minutes to respond if an employee, a coworker, a customer or a family member has a cardiac arrest. You could spend those few minutes crossing your fingers that the emergency responders get to you quickly (and if you're in the metro area, they might). Or you could spend it performing CPR, and possibly saving a life. We're requiring our staff to take this course, and can therefore offer it to you at a bargain rate.

When: October 22, 2012

9:30-1:30

Cost: \$40, including lunch

There are only a few slots available for this class. Contact Carol at carkey@chess-safety.com or 651-481-9787 if you or any of your staff want to attend. CHESS can also provide training at your facility. Contact Carol for customized training.

Future training opportunities to look for:

DOT Hazardous Materials Transport training AWAIR workshops GHS/Right to Know updates for the new standard



Hazardous waste update

Xcel Energy has discontinued their fluorescent lamp collection and the Very Small Quantity Generator Collection site. Dakota County and Carver County VSQG programs are alternative options – they'll take waste from throughout the state. A list of licensed VSQG sites in Minnesota, including contact information for Dakota and Carver, is available at http://www.pca.state.mn.us/index.php/component/option.com_docman/task,doc_view/gid,12875 (note: this fact sheet still lists Xcel Energy).

Ramsey County has posted an updated list of hazardous waste vendors. http://www.co.ramsey.mn.us/NR/rdonlyres/F067D2F D-4EA7-449B-8E56-19B2D1810E60/30604/hw_vendor_2012.pdf

Questions? Please do not hesitate to contact us if you have safety-related questions or just need more information about something or the services we offer. Please contact us by phone (651-481-9787) or email if you no longer want to receive newsletters or if you want them in a different format (email, mail).

Carol: 651-481-9787 Cell: 651-269-6150 <u>carkey@chess-safety.com</u>

Janet: 651-458-4930 <u>www.chess-safety.com</u> © 2012 CHESS, Inc.